



## Winter 2024 Newsletter



### Christmas & New Year Opening Information

The Surgery will be open as usual, except the following days:

Christmas Day CLOSED

Boxing Day CLOSED

New Years Day CLOSED

For emergencies please call NHS 111

### Patient Participation Group Information Event

Come along to the event to find out more about some of the additional services available through your GP practice!

The information event is on the 6/2/25 between 2-4pm. Please ring the Surgery reception to book a place.



## Tea, Coffee and Cake Available



## Our Speakers

Christine Allison: Social prescribing.

Richard Green: NHS Health & Wellbeing Coach Yorkshire Health Network.

Lajos Szeplaki: From the Memory Support Advice team.

Sarah Eastland, Digital and Transformation Lead Yorkshire Health Network. Will have a stall with information and assistance about signing up to the NHS app.



### Job Roles At the Practice

#### Health and Wellbeing Coach

Their job is to help support, educate and motivate patients to take a more active role in their own health and physical wellbeing.

#### Paramedic:

Their role is for patients presenting with an urgent care need that needs to be seen.

This may be an acute new onset illness or an exacerbation of an existing illness or long term condition.

#### Pharmacist:

Their role is to conduct structured medical reviews with patients and providing medical advice and management.



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## Physio:

Their role is to assess and manage musculoskeletal disorders - to diagnose and then recommend appropriate treatment or a referral (without a prior assessment or referral from a G.P).

## Social Prescriber:

Their role is to help people identify issues affecting their health and well being and can produce a personalised care and support plan.

This includes connecting people to non medical community based activities, groups and services to meet their individual needs, including more specialist services and the arts.

## Mental Health Worker:

Their role is to provide advice, treatment and support, if you have mental health concerns or more complex mental health needs.

## Information on RSV

RSV stands for **R**espiratory **S**yncytial **V**irus (RSV).

Respiratory syncytial virus (RSV) is a common cause of coughs and colds. RSV infections usually get better by themselves, but can sometimes be serious for babies and older adults.

## Who's at risk from RSV?

RSV infections are very common. Almost all children get them at least once before they're 2 years old.

They're not usually serious, but some babies and adults have a higher risk of getting seriously ill, particularly:

- Babies under 6 months old
- Young children who were born prematurely
- Adults over 75 years
- Babies, children and adults with a weakened immune system, or long-term lung or heart conditions
- People who smoke tobacco and babies exposed to tobacco smoke

In babies, RSV is a common cause of a type of chest infection called bronchiolitis. This can cause breathing problems and may need to be treated in hospital.

RSV can also cause a serious lung infection (pneumonia) in babies and older adults.

## RSV vaccination

The RSV vaccine is recommended if:

- You're pregnant (from 28 weeks of pregnancy) - this will help protect your baby for the first few months after they're born
- You're aged 75 to 79
- You turned 80 on or after 01/09/24

The vaccine helps reduce the risk of RSV causing serious problems such as pneumonia and bronchiolitis.

If you're aged 75 to 79, your GP surgery will contact you about getting vaccinated.

If you're 28 weeks pregnant or more, you can speak to your maternity service or GP surgery about getting vaccinated.

## **Please Note!**

***The surgery has automatic doors, please press the button to open the doors rather than opening them manually, this will avoid putting pressure on them, thank you.***

***This newsletter has been produced by the Patient Participation Group (PPG).***  
***For feedback or suggestions for topics please email [stockwellroadsurgery@nhs.net](mailto:stockwellroadsurgery@nhs.net)***  
***Please use subject "PPG Newsletter Feedback" in your email.***